



For Immediate Release

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Centralina Area Agency on Aging Partners with All For Seniors To Provide Resource Directory for Twelve County Two State Region

CHARLOTTE—The Centralina Area Agency on Aging, a nine county regional organization providing education, information and advocacy for individuals, families, professionals and the local community, has combined its valuable information and expertise with a local publication for older adults, caregivers and health care professionals.

Centralina has recently partnered with *All For Seniors*, a new resource and referral directory for the Greater Charlotte area, in order to give seniors a comprehensive directory and educational tool. An important part of this combined effort has been to incorporate the Options books, the consumer's guide to long term care and housing for seniors, into the resource guide.

"The material from our Options Guide was incorporated into *All For Seniors* in order to provide basic information that may assist individuals in comparing the various communal housing choices in our area. The book provides all of these choices in one inclusive guide for information on older adult and disabled adults resources," said Gayla Woody, Administrator for the Centralina Area Agency on Aging.

The information found in *All For Seniors* includes checklists, definitions of long term care options, facility profiles and resident's rights for Adult Care and Nursing Homes.

"We are excited and honored to combine efforts with a group that works tirelessly to improve the quality of life for older and disabled adults and those who provide their care," said Anja Workman, Editor of *All For Seniors*. "The information in this guide is critical to those making difficult decisions regarding the care of a loved one and we are very fortunate to incorporate the expertise of the Centralina Area Agency on Aging, as well as many other knowledgeable resources, into our directory."

All For Seniors, published by Striped Rock, is a 108 page, free resource directory printed three times a year that includes more than 50 distinctive service categories that help older adults navigate through the complexities of aging. The publication serves Anson, Cabarrus, Cleveland, Gaston, Iredell, Lincoln, Mecklenburg, Rowan, Stanly, Union, NC and Lancaster and York, SC. To get a free copy of *All For Seniors* go to www.allforseniors.org or call 704-366-1410.



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