

FUN TIPS

to Tape Inside Of Your Medicine Cabinet

Relieve Headache Pain

Did you know that drinking two glasses of Gatorade can relieve headache pain almost immediately -- without the unpleasant side effects caused by traditional "pain relievers."

Burn Relief

Did you know that Colgate toothpaste makes an excellent salve for burns?

Stuffy Nose

Before you head to the drugstore for a high-priced inhaler filled with mysterious chemicals, try chewing on a couple of curiously strong Altoids peppermints. They'll clear up your stuffed nose.

Achy muscles from a bout of the flu

Mix 1 Tablespoon of horseradish in 1 cup of olive oil. Let the mixture sit for 30 minutes, then apply it as a massage oil, for instant relief for aching muscles.

Sore throat

Just mix 1/4 cup of vinegar with 1/2 cup of honey and take 1 tablespoon six times a day. The vinegar kills the bacteria.

Urinary Tract Infection

Cure urinary tract infections with Alka-Seltzer. Just dissolve two tablets in a glass of water and drink it at the onset of the symptoms. Alka-Seltzer begins eliminating urinary tract infections almost instantly -- even though the product was never advertised for this use. (Note: Alka-Seltzer Plus Cold Medicine is not the same, and contains aspirin, which can cause stomach bleeding if you have ulcers.)



Skin Blemishes

Cover the blemish with a dab of honey and cover it with a Band-Aid. Honey kills the bacteria, keeps the skin sterile, and speeds healing.

Toenail Fungus

Listerine therapy for toenail fungus ... Get rid of unsightly toenail fungus by soaking your toes in Listerine mouthwash. The powerful antiseptic will have your toenails looking healthy again.

Easy eyeglass protection



To prevent the screws in eyeglasses from loosening, apply a small drop of Maybelline Crystal Clear nail polish to the threads of the screws before tightening them.

Coca-Cola cure for rust

Forget those expensive rust removers. Just saturate an abrasive sponge with Coca Cola and scrub the rust stain. The phosphoric acid in the coke is what gets the job done.

Cleaning liquid that doubles as bug killer

If menacing bees, wasps, hornets, or yellow jackets get in your home and you can't find the insecticide, try a spray of Formula 409. Insects drop to the ground instantly.

Smart splinter remover

Pour a drop of Elmer's Glue-All over the splinter, let dry, and peel the dried glue off the skin. The splinter sticks to the dried glue.

Boil Cure

Cover the boil with Hunt's tomato paste as a compress. The acids from the tomatoes soothe the pain and bring the boil to a head.

Balm for broken blisters

To disinfect a broken blister, dab on a few drops of Listerine ... A powerful antiseptic.

Heinz vinegar to heal bruises

Soak a cotton ball in white vinegar and apply it to the bruise for 1 hour. The vinegar reduces the blueness and speeds up the healing process.

Kill fleas instantly

Dawn dish washing liquid does the trick. Add a few drops to your dog's bath and shampoo the animal thoroughly. Rinse well to avoid skin irritations. Good-bye fleas.

Cure for dog odor

Next time your dog comes in from the rain, simply wipe down the animal with Bounce or any dryer sheet, instantly making your dog smell springtime fresh.

Eliminate ear mites

All it takes is a few drops of Wesson corn oil in your cat's ear. Massage it in, then clean with a cotton ball. Repeat daily for 3 days. The oil soothes the cat's skin, smothers the mites, and accelerates healing.

Pain relief

It's not for breakfast anymore! Mix 2 cups of Quaker Oats and 1 cup of water in a bowl and warm in the microwave for 1 minute, cool slightly, and apply the mixture to your hands for soothing relief from arthritis pain.

