

Live Now, Age Later...Celebrate Life!



The Levine Senior Center provides seniors with a safe, welcoming environment that promotes well being by stimulating minds and bodies with educational programs, proper nutrition, and fellowship with friends.

OFFERING A VARIETY OF PROGRAMS FOR ACTIVE ADULTS:

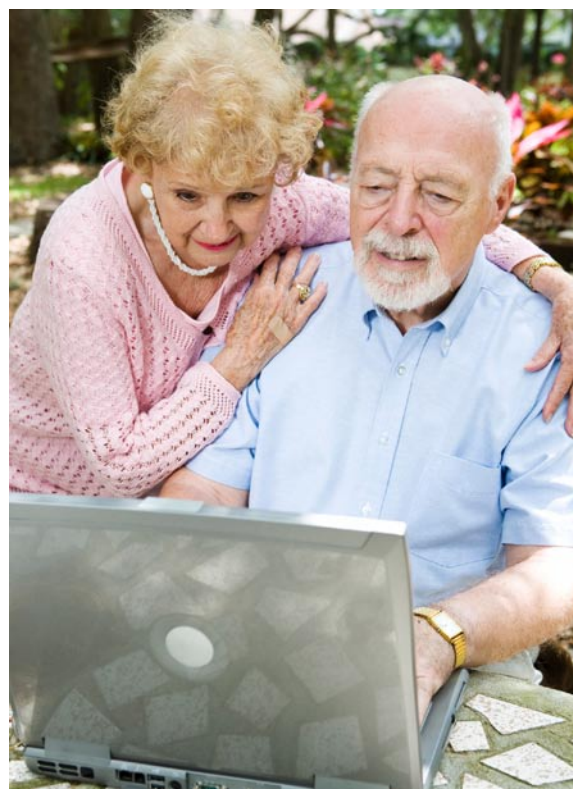
- Health and Wellness Classes
- Strength and Cardio Training
- Educational Seminars
 - Line, Square and Ballroom dancing
- Nutritional Lunch Program
- Visual and Performing Arts
- Writing and Poetry Groups
- Yoga, Pilates and Tai Chi
- Water Aerobics

JOIN US TODAY!
MON.-THURS 8:00 AM-8:00 PM
FRI.-8:00 AM-5:00 PM



1050 DeVore Lane
Matthews, NC 28105-6708
704-846-4654

www.levineseniorcenter.org



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Information and Referral Providers For Aging Services

NORTH CAROLINA

Anson County: Council on Aging
T 704 694 6616

Cabarrus County: Department of Aging
T 704 920 2255

Cleveland County: Department of Social Services
T 704 487 0661

Gaston County: Department of Social Services
T 704 862 7540

Iredell County: Council on Aging
T 704 873 5171

Lincoln County: Senior Services Department
T 704 732 9053

Mecklenburg County: Just 1 Call
T 704 432-1111
or 877 889 0323

Rowan County: Senior Services Department
T 704 216 7700

Stanly County: Senior Services Department
T 704 986 3769

Union County: Council on Aging
T 704 289 1797

SOUTH CAROLINA

Lancaster County: Prime Time for Seniors
T 803 285 6956

York County: Council on Aging
T 803 327 6694